

Multifractality in Detrended Human Heart Beat Increment

Yue-Kin Tsang

Scripps Institution of Oceanography

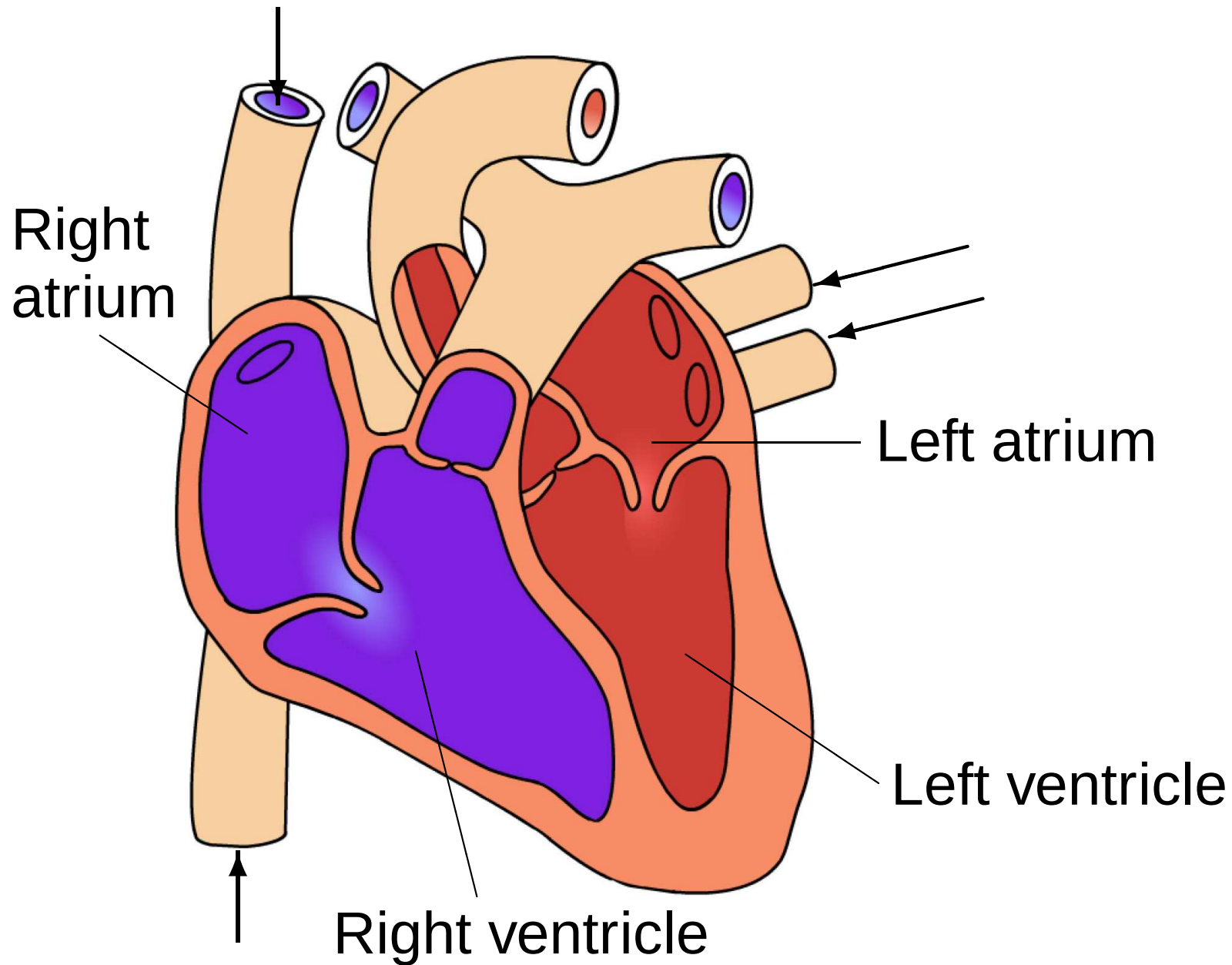
University of California, San Diego

Emily S. C. Ching

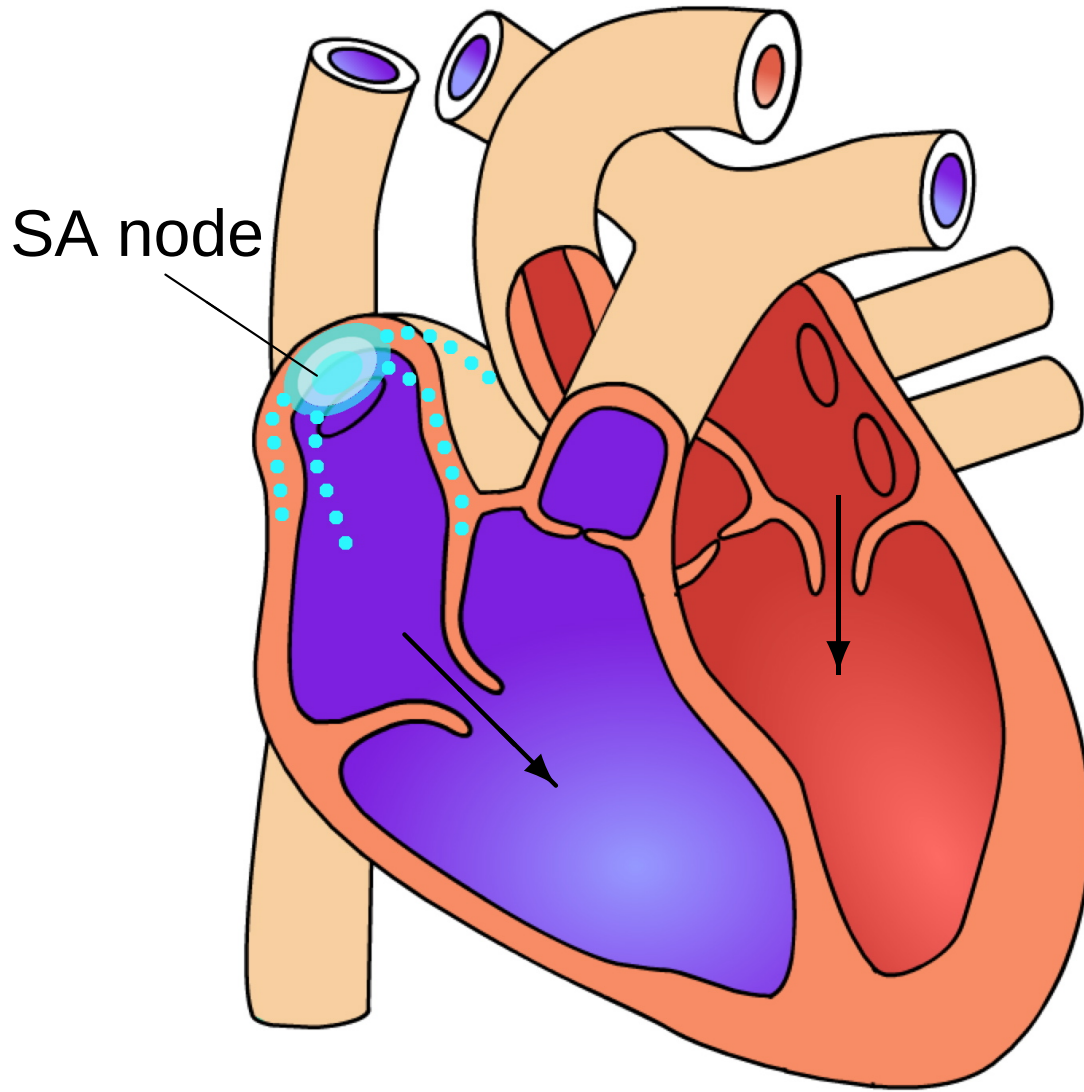
Department of Physics

The Chinese University of Hong Kong

The Cardiac Pump

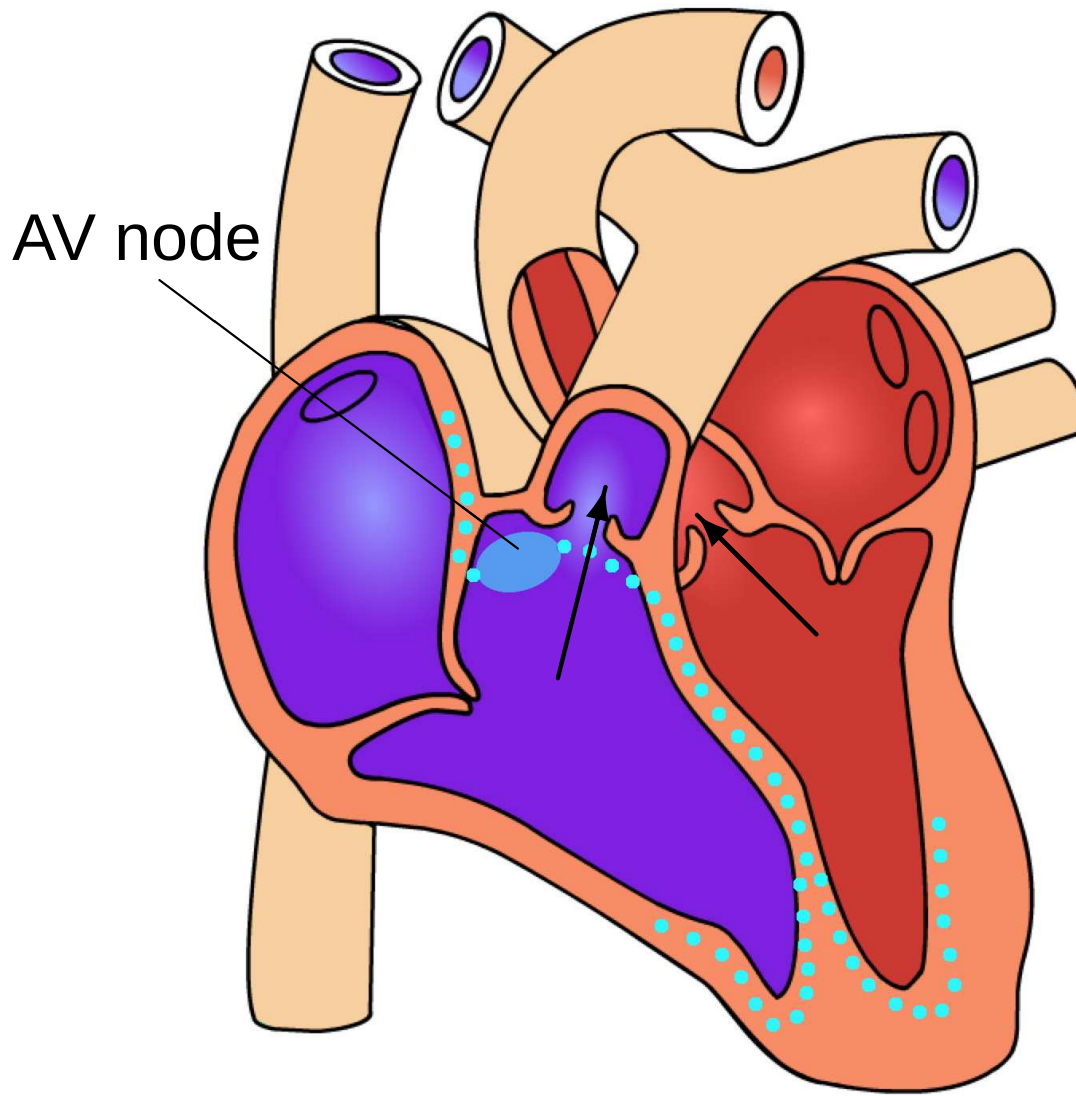


The Cardiac Pump



electric impulse initiated in
the **sinoatrial (SA) node**
spreads to the atria
— atrial contraction

The Cardiac Pump



electric impulse initiated in the **sinoatrial (SA) node** spreads to the atria
— atrial contraction

impulse reaches the **atrioventricular (AV) node** and is conducted to the ventricles
— ventricular contraction

delay in the passage of the impulse occurs in the AV node

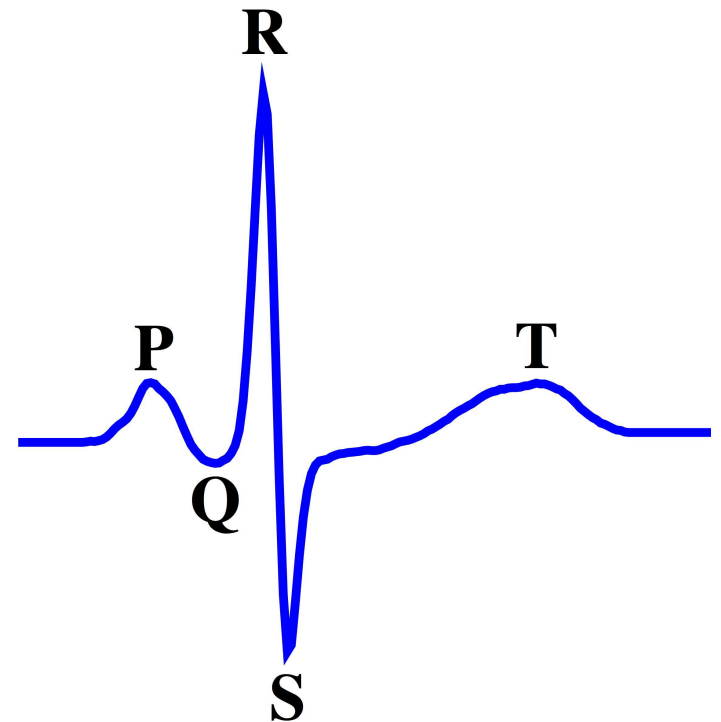
Heart Beat Intervals

- Electrocardiogram (ECG)



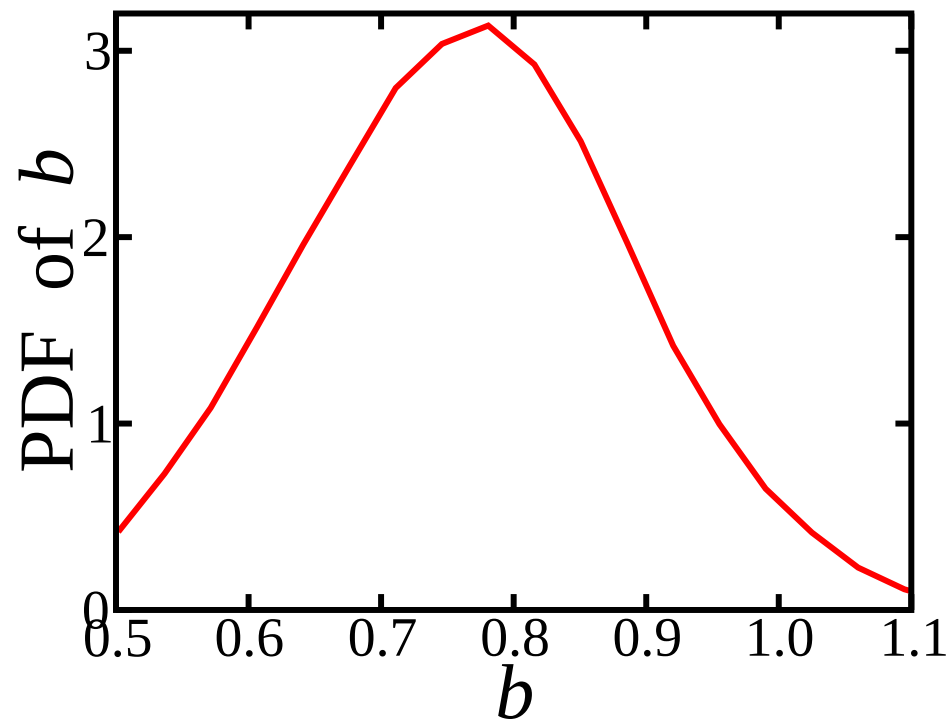
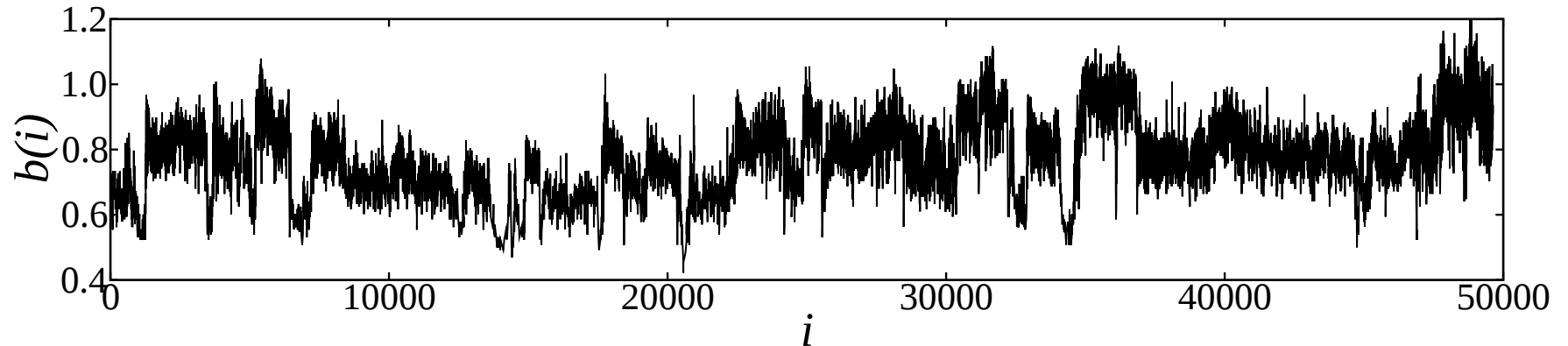
- P-wave : atrial activation
- QRS complex : ventricular activation
- T-wave : recovery phase of ventricular

- **RR-intervals** (RRi)
— measure of heart rate



Heart Rate Variability (HRV)

Time series of RRI : $b(i)$



Reasons to study HRV

- To understand how the autonomic nervous system (ANS) control heart rate
 - sympathetic branch of the ANS **increases** heart rate and parasympathetic branch **decreases** heart rate
 - both branches are active and **interacts**, parasympathetic effects usually dominate
 - parasympathetic branch affects heart rate with a much shorter **delay**
- Abnormalities in HRV have prognostic significance
 - healthy human RRI shows **multifractality**
 - multifractality lost in congestive heart failure condition

Multifractal

A timeseries $X(i)$ has different statistical properties at different scales.

$$\Delta_n X(i) \equiv X(i + n) - X(i)$$

(1) Probability density function of $\Delta_n X(i)$

$P_n(\Delta_n X)$ **changes shape** with n

(2) Structure function

$$S_q(n) \equiv \langle |\Delta_n X|^q \rangle \sim n^{\zeta_q}$$

ζ_q is a **nonlinear** function of q

Multifractal

$$\underline{(1) \Leftrightarrow (2)} \quad \text{Let } Y = \frac{\Delta_n X}{\langle |\Delta_n X|^2 \rangle^{1/2}}$$

$P_n(\Delta_n X)$ has same shape for different n

$\Leftrightarrow \bar{P}_n(Y)$ is independent of n

$$\langle |Y|^q \rangle = \int |Y|^q \bar{P}_n(Y) dY \text{ is independent of } n$$

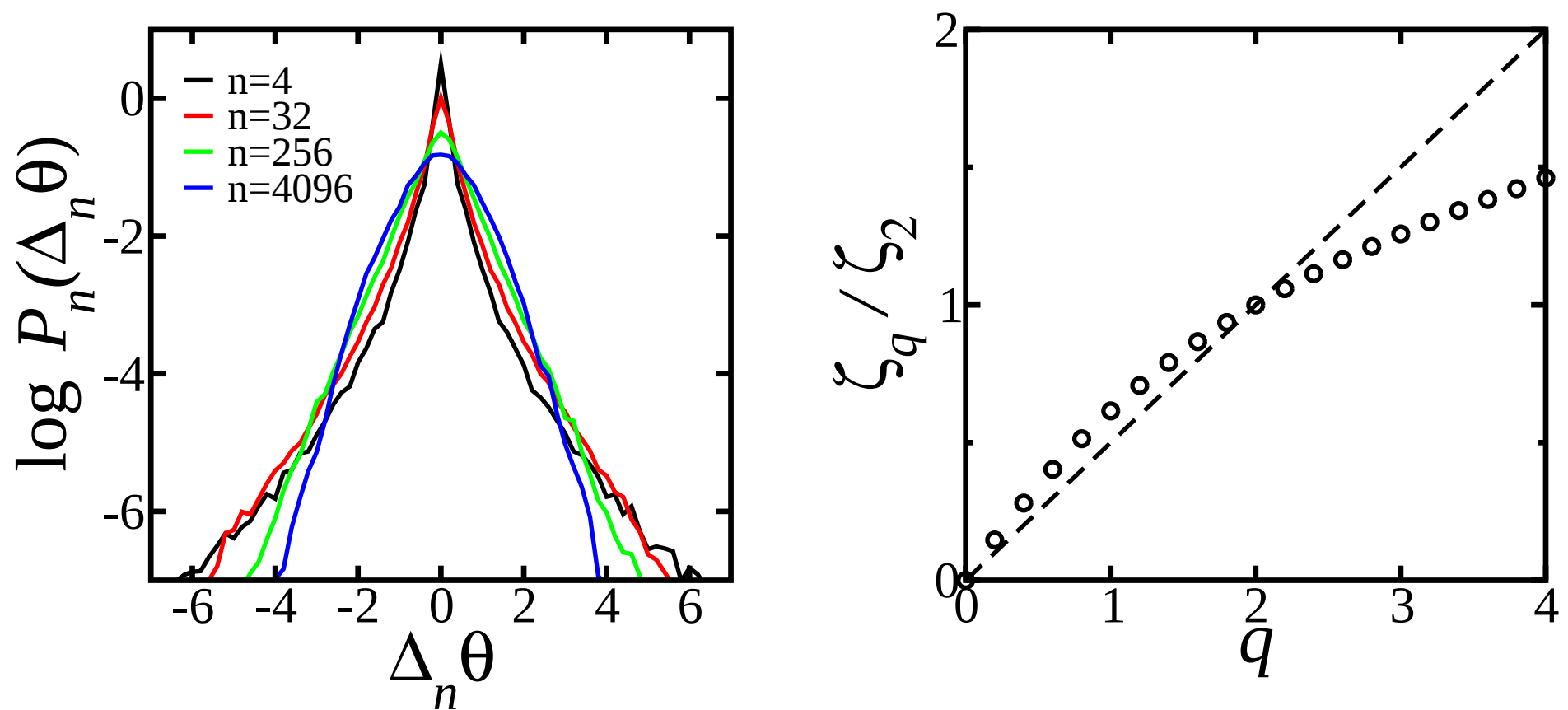
$$\langle |Y|^q \rangle = \frac{\langle |\delta_n X|^q \rangle}{\langle |\delta_n X|^2 \rangle^{q/2}} = \frac{S_q(n)}{[S_2(n)]^{q/2}} \sim n^{\zeta_q - q\zeta_2/2}$$

$$\zeta_q = \frac{q}{2}\zeta_2$$

$\text{scale-invariant } P_n(\Delta_n X) \iff \zeta_q \propto q$

An Example from Fluid Turbulence

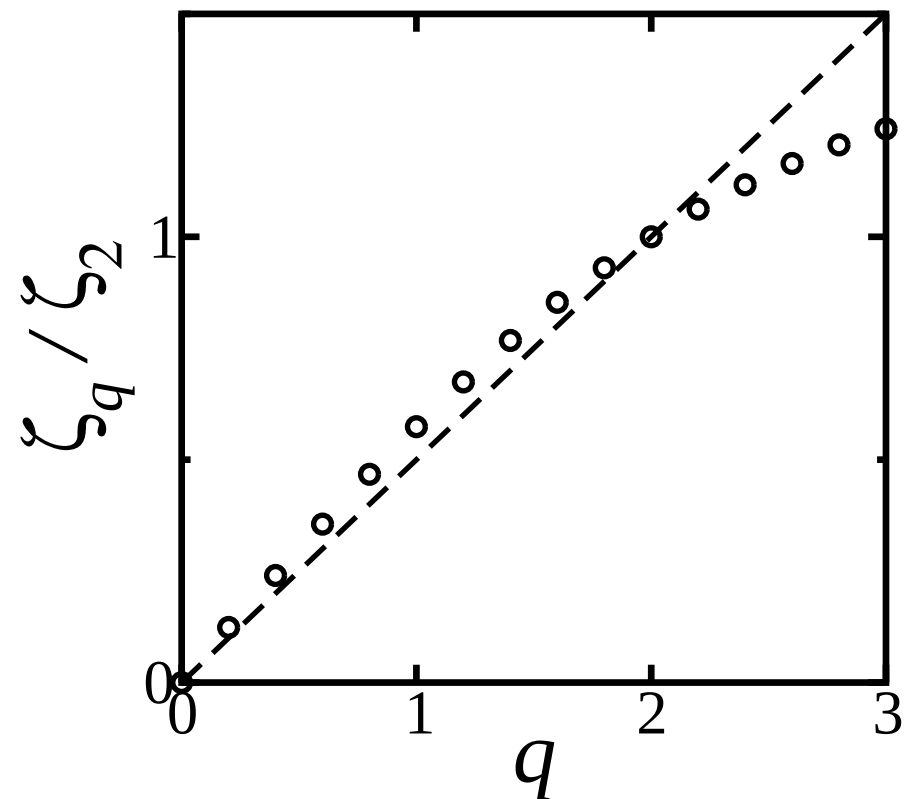
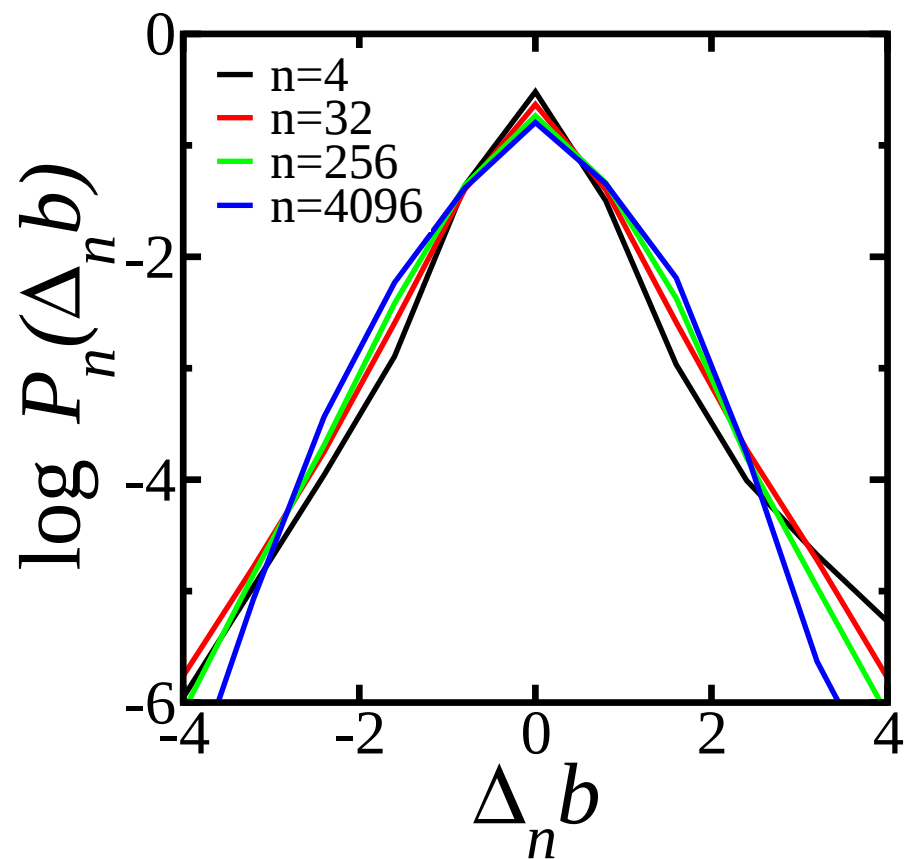
Multifractal scaling in temperature increments $\Delta_n \theta$ from turbulent thermal convective experiments:



[data from *B. Castaing et al., J. Fluid Mech.* **204**,1 (1989)]

Multifractality in Healthy Heart Rate

Healthy heart rate (RRi) increments $\Delta_n b$ from data of daytime normal sinus rhythm:

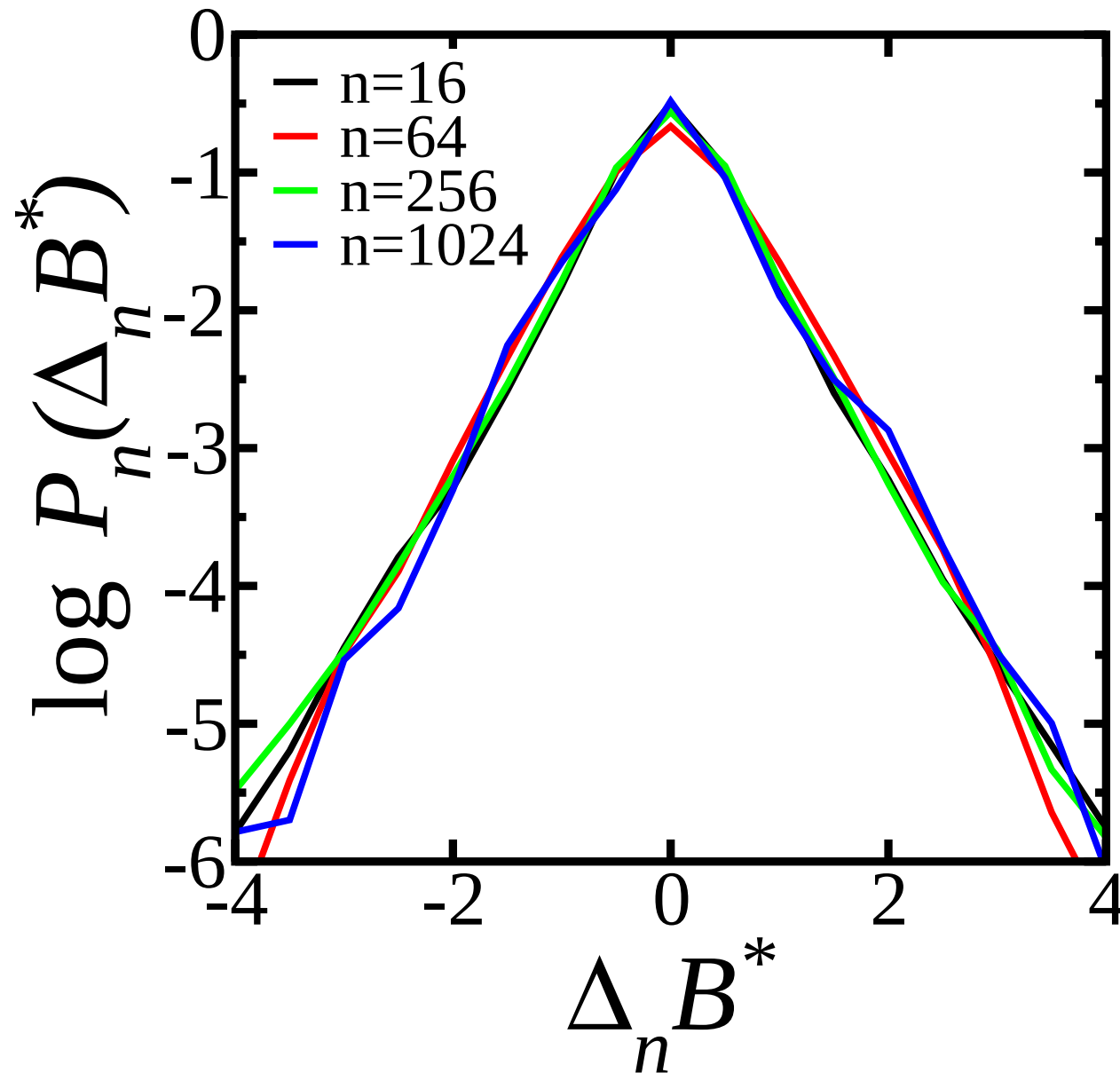


[data from <http://physionet.org>]

Scale-invariant Detrended RRI ?

- “scale-invariance in the PDF of **detrended** healthy human heart rate increments”
- A detrend procedure for non-stationary timeseries:
 1. $B(i) = \sum_{j=1}^i b(j)$
 2. divide $B(i)$ into segments of size $2n$
 3. fit $B(i)$ in each segment with the best d -th order polynomial, $p_d^{(n)}(i)$
 4. $B^*(i) = B(i) - p_d^{(n)}(i)$ (“trend” removed)
 5. $\Delta_n B^*(i) = B^*(i+n) - B^*(i)$
- $P_n(\Delta_n B^*)$ is scale-invariant

PDF of $\Delta_n B^*$ in Healthy Heart Rate



But isn't healthy heart rate multifractal !?

Detrended Heart Rate $b^*(i)$

- $\Delta_n B^*(i)$ is actually related to the **sum** of $b(i)$

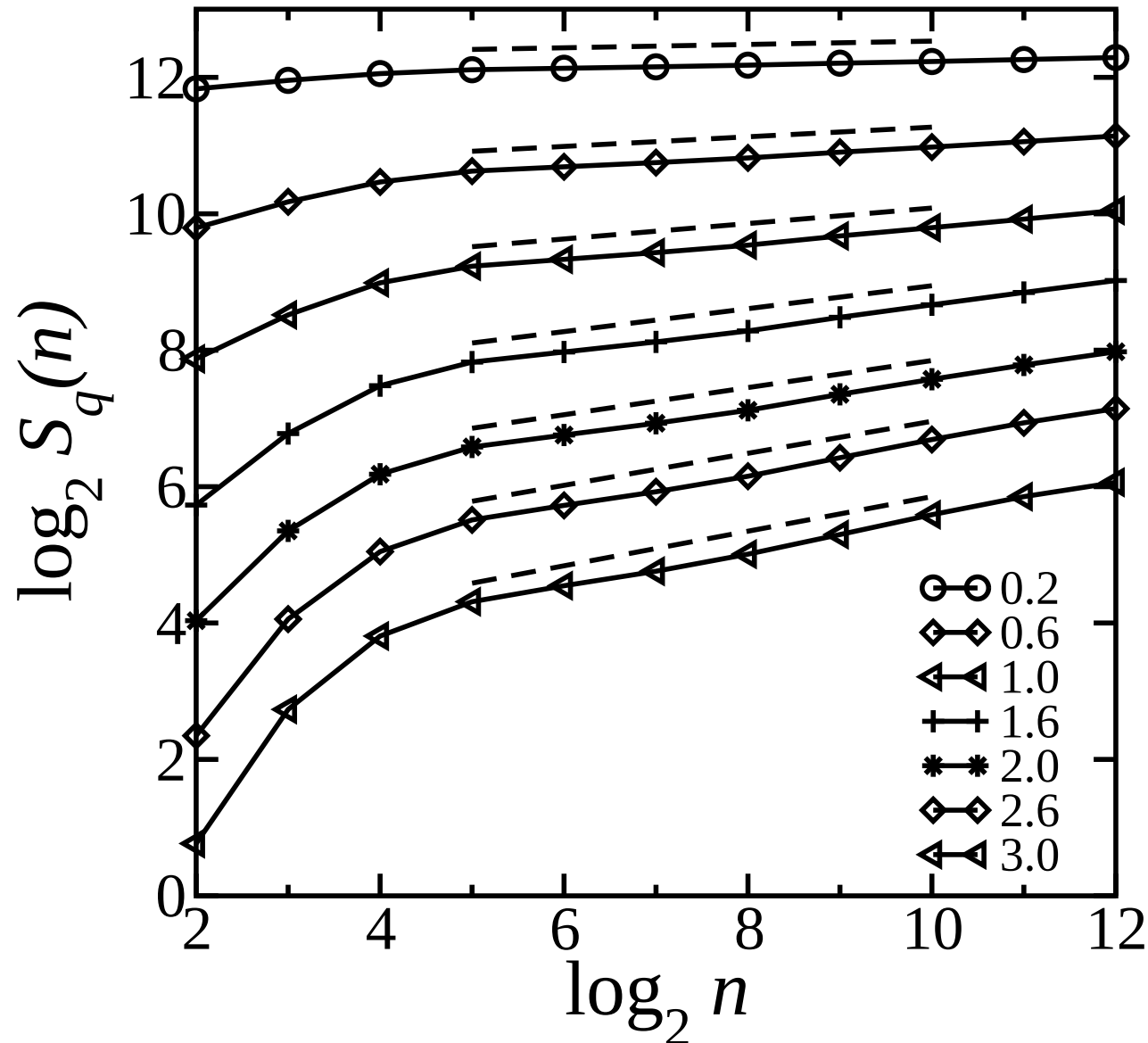
$$\begin{aligned}\Delta_n B^*(i) &= B^*(i+n) - B^*(i) \\ &= B(i+n) - B(i) - [p_d^{(n)}(i+n) - p_d^{(n)}(i)] \\ &= \sum_{j=i+1}^{i+n} b(j) - \Delta_n p_d^{(n)}(i)\end{aligned}$$

- A natural definition of detrended heart rate $b^*(i)$ is

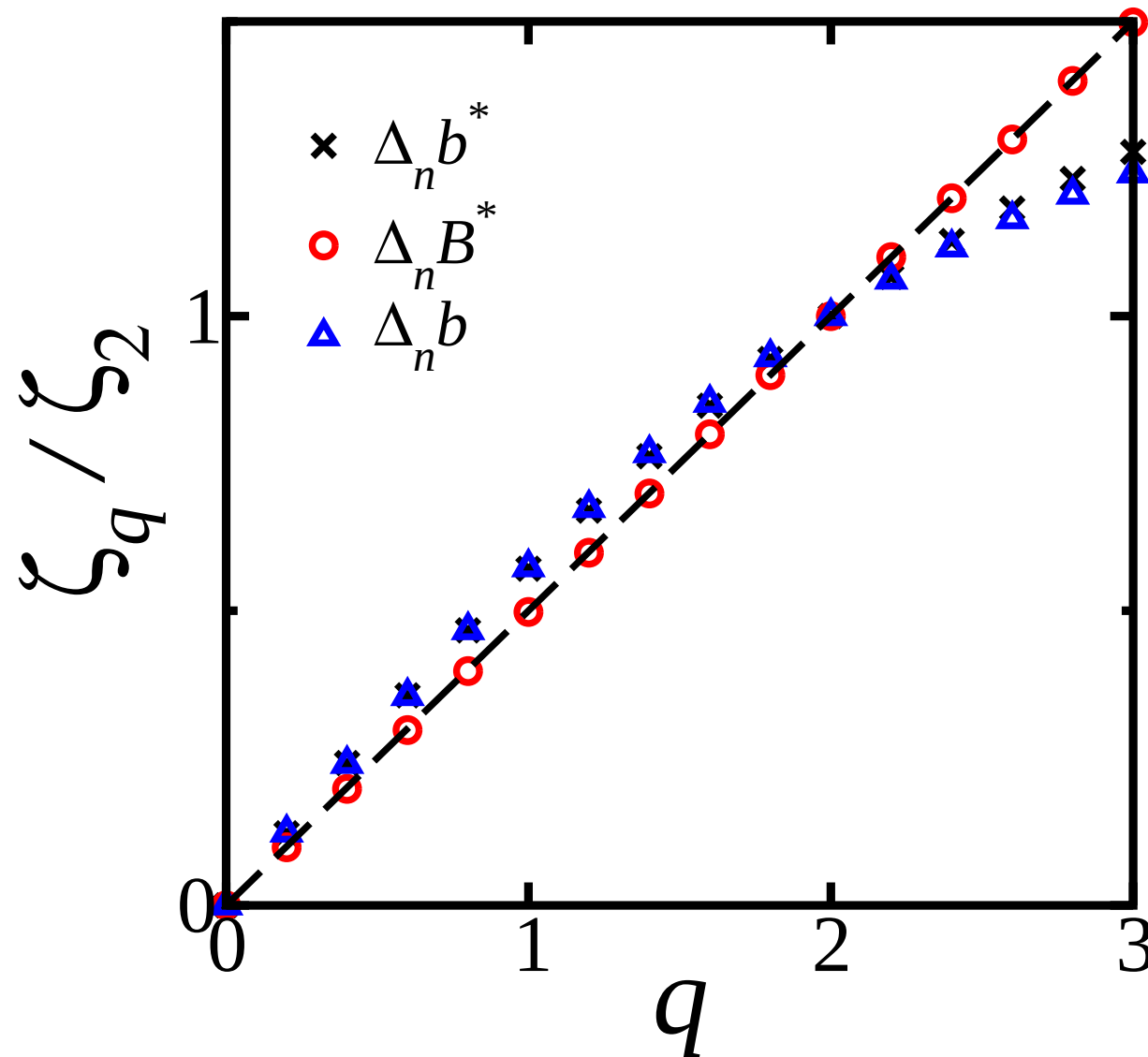
$$\begin{aligned}B^*(i) &\equiv \sum_{j=1}^i b^*(j) \\ \Rightarrow \Delta_n B^*(i) &= \sum_{j=i+1}^{i+n} b^*(j) \\ b^*(i) &= B^*(i) - B^*(i-1)\end{aligned}$$

Structure function for $\Delta_n b^*(i)$

$$\Delta_n b^*(i) = \Delta_n b(i) - [\Delta_n p_d^{(n)}(i) - \Delta_n p_d^{(n)}(i-1)]$$



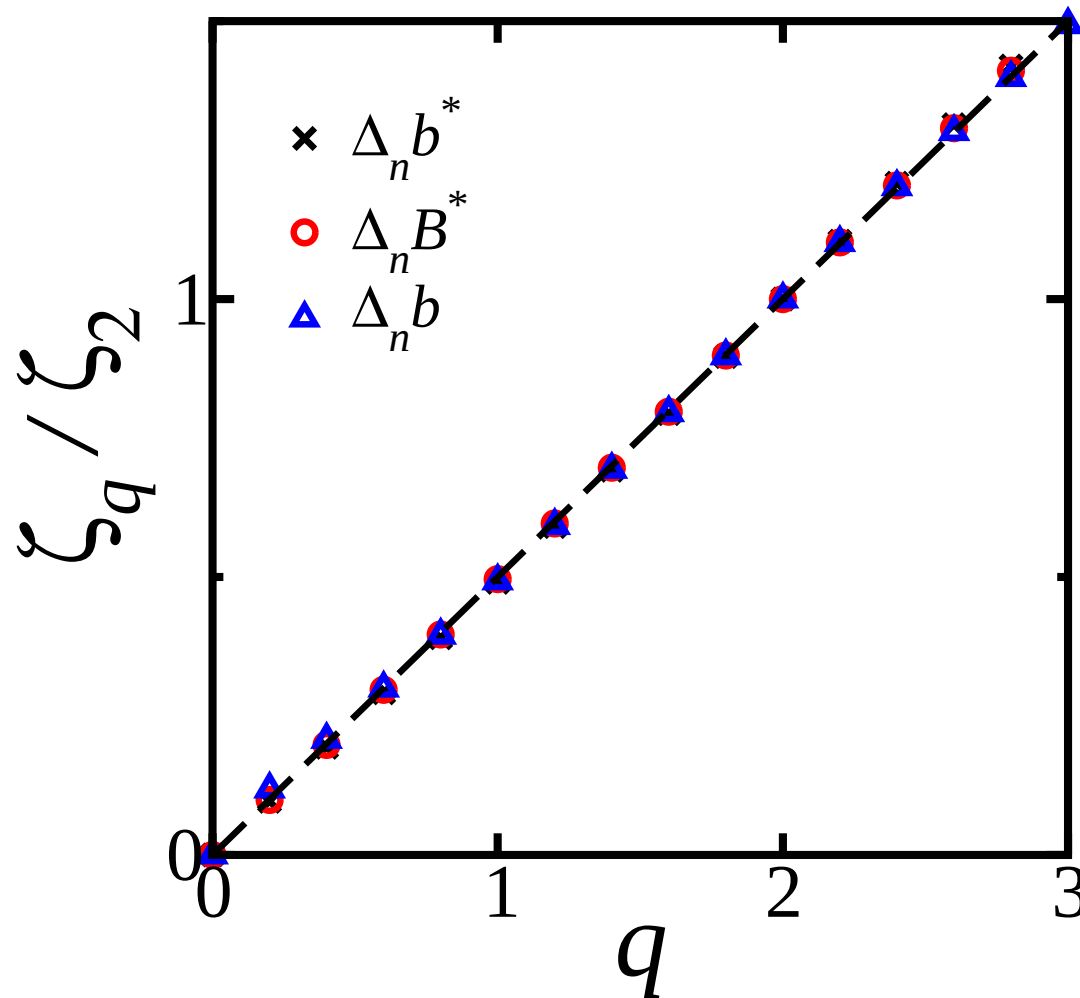
ζ_q for Healthy Heart Rate



The detrended healthy heart rate $b^*(i)$ is indeed multifractal

ζ_q for Pathological Heart Rate

Data from congested heart failure patients:



Scale-invariance of $P_n(\Delta_n B^*)$ is a characteristic independent of the multifractality of HRV

Detrend Analysis in Turbulence

Follow the ideas of detrended analysis of HRV:

$\theta(t_i)$ = temperature measurement from thermal convective experiments:

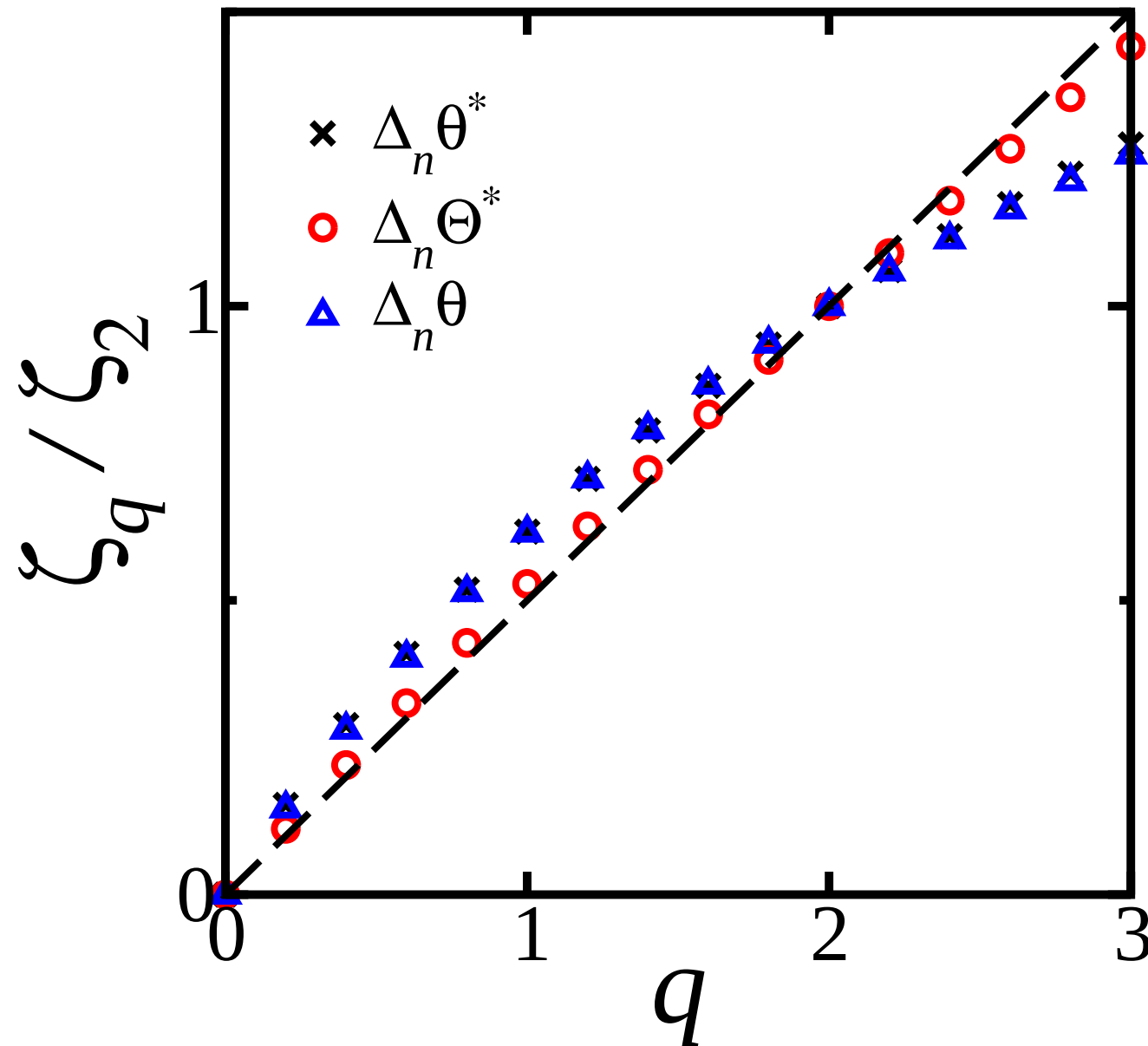
$$\Theta(t_i) \equiv \sum_{j=1}^i \theta(t_j)$$

$$\Theta^*(t_i) \equiv \Theta(t_i) - p_d^{(n)}(t_i)$$

$$\Delta_n \Theta^*(t_i) = \Theta^*(t_{i+n}) - \Theta^*(t_i)$$

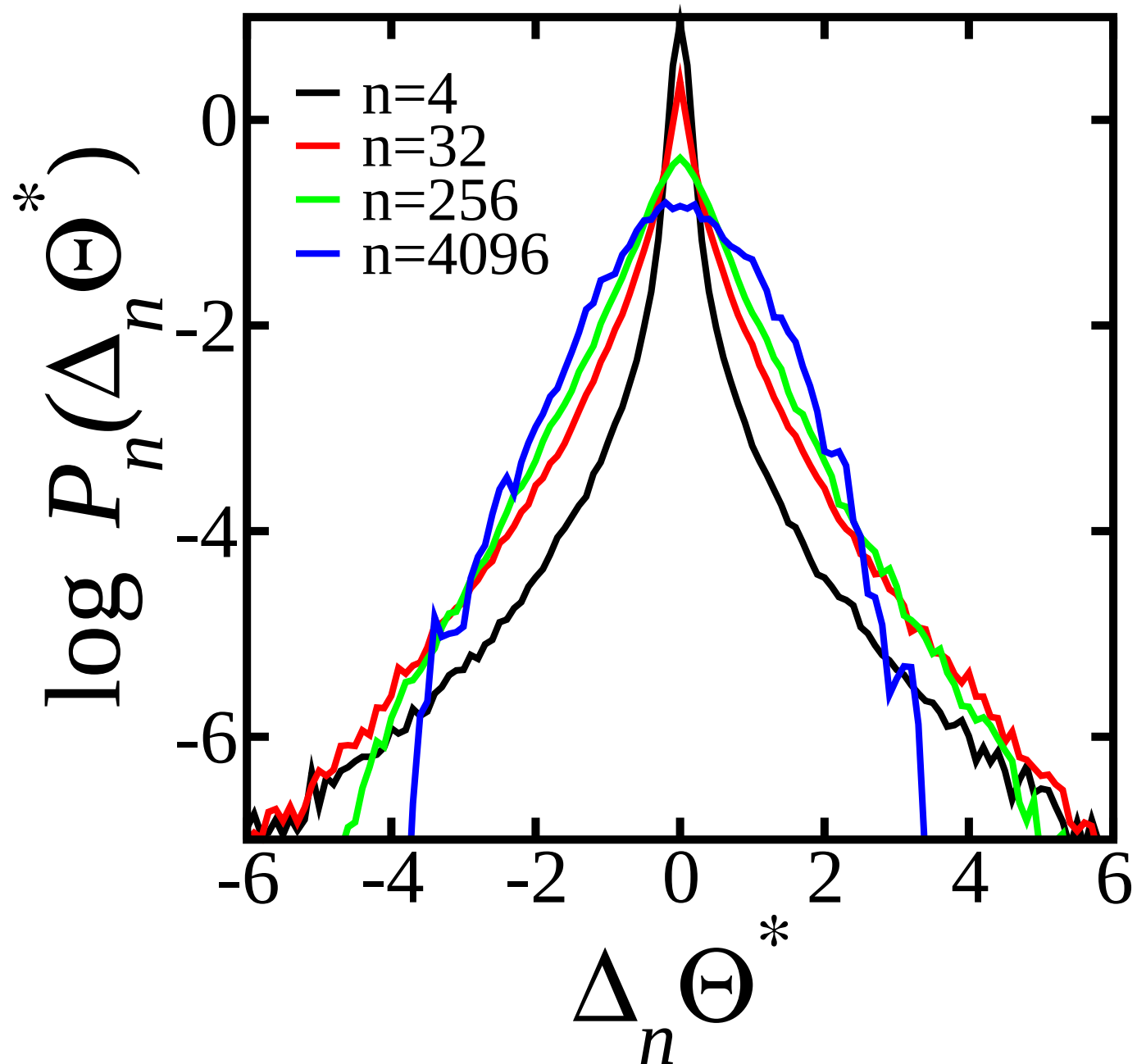
$$\Theta^*(t_i) \equiv \sum_{j=1}^i \theta^*(t_j)$$

Detrend Analysis in Turbulence



PDF of $\Delta_n \Theta^*$ is **not** scale-invariant.

Detrend Analysis in Turbulence



Detrend Analysis in Turbulence

Recall :

$$B(i) \equiv \sum_{j=1}^i b(j)$$

$$\Delta_n B^*(i) = \sum_{j=i+1}^{i+n} b(j) - \Delta_n p_d^{(n)}(i)$$

$$\implies \Delta_n B^*(i) = \Delta_n B(i) - \Delta_n p_d^{(n)}(i)$$

$$\Delta_n \Theta^*(i) = \Delta_n \Theta(i) - \Delta_n p_d^{(n)}(i)$$

Now, $\langle |\Delta_n B(i)|^q \rangle \sim n^q$

$$\langle |\Delta_n \Theta(i)|^q \rangle \sim n^q$$

So $p_d^{(n)}(i)$ is responsible for the different scaling behavior in $\langle |\Delta_n B^*(i)|^q \rangle$ and $\langle |\Delta_n \Theta^*(i)|^q \rangle$

Summary

- We clarify that the scale-invariant of $P_n(\Delta_n B^*)$ in healthy heart rate is for the sum of detrended heart rate b^*
- $P_n(\Delta_n b^*)$ for healthy heart rate increments is indeed scale dependent, as expected from the multifractality of b .
- $P_n(\Delta_n B^*)$ is scale-invariant in pathological heart rate in patients suffering from congestive heart failure
- $P_n(\Delta_n \Theta^*)$ is scale dependent in the multifractal temperature measurements in turbulent thermal convective flows.